

Let's talk about **Women's Health**

Location: Garner Hall Dorm Lobby

When: Wednesday, 04/16/25

Time: 1:30-2:30PM

Presented by our SWTX Nursing Students



Regular check-ups, healthy lifestyle choices, and early detection of any health issues are essential for maintaining good women's health. Women should also prioritize self-care to reduce stress and improve their overall well-being. Join us on Wednesday for **FREE** lunch in the women's dorm lobby to learn more!